

Monday, Jan. 25, 2010

Cape Ann Waldorf School, 668 Hale Street, Beverly Farms, MA 01915 978-927-8811 www.capeannwaldorf.org

CAWS 'Waldorf Education' Conference Starts Feb. 5

The annual CAWS learning conference kicks off Friday night, Feb. 5, with a talk and panel discussion led by our own George McWilliam. It continues Saturday, Feb. 6, with a series of hands-on, teacher-led workshops—experience Waldorf education in a Waldorf classroom!

The two-day seminar, “What, How and Why of Waldorf Education,” will open with some of the insight and inspiration George has garnered after 12 years as a Waldorf student, 20 years as a (founding) teacher here at CAWS, and nine years as a faculty member of Sunbridge College, the institute for Waldorf teacher training in New York.

A panel of Waldorf graduates young and old will follow, answering questions about their experience. The evening begins at 6:30 and runs to 9:00 p.m. sponsored by the Waldorf Community Association.

On Saturday morning, Feb. 6, the keynote speaker will be Dan Butin, a parent of a first and seventh grader, and Dean of the School of Education at Merrimack College.

Dan will talk about Waldorf education from the perspective of someone who has spent the last ten years preparing future school teachers and administrators for their work. He will consider the Waldorf phrase “education towards freedom.”

Here is a snippet from Dan’s introduction:

Specifically, I want to focus on three related things: how Waldorf education is different from most other types of education when one looks at the relationship between the child and the curriculum; how Waldorf education teaches even when it is seemingly not teaching; and how Waldorf education fosters a sense of meaningfulness in the world. I hope this offers an opportunity to begin a thoughtful discussion about what truly matters in our children’s education.

The morning will continue with a choice of teacher-led workshops on Waldorf education in the early grades: Math and how it supports and engages the whole child; and Painting, so valued in Waldorf schools around the world. Participants will learn about color theory and apply their learning with a paintbrush.

In the afternoon, the workshops continue with an emphasis on the older grades: Geometric Drawing, to provide an experience of how middle school students learn abstract geometrical principles through an artistic approach; and a Science workshop, with a focus on anatomy, including its relationship to Fibonacci numbers and the Golden Mean!

Learning conference cost: \$10 Friday night only, \$20 Saturday, and \$25 for the two-day event. The Saturday cost includes lunch.
Times: Friday, 6:30 – 9:00 p.m.
Saturday, 8:30 a.m. – 3:00 p.m.

The learning conference promises to be fun and laden with good food. Did I mention that Laura Quayle is leading songs and circle time? Enjoy.

Conference Help Wanted!

Waldorf Community Association is seeking on-site help for the Learning Conference. Setup on Friday, registration and greeters for Friday and Saturday, and clean up on Saturday. Contact Laura Freysinger or Karen Williamson. Thank you if you can help.

This Thursday, Friday: *Much Ado About Nothing*

Please join us for Shakespeare's *Much Ado About Nothing*, performed by the seventh grade class. Thursday morning, Jan. 28 (time TBD), and Friday evening, Jan. 29 at 7:00 p.m. In the Main Hall.

From the play: *I had rather hear my dog bark at a crow than a man swear he loves me.*

Every Wed. is Pizza Day

Reminder: pizza lunch is offered every Wednesday. In addition to hot lunch Mondays and Thursdays, Wednesday is now Pizza Day!

All proceeds go to the school. Tickets are \$5.00 for one slice, \$6.00 for two, and can be purchased in the Main Hall at drop-off Wednesday mornings. You can plan on it.

In addition, parent-run **coffee hour** continues Mon., Wed., and Fri. mornings at 8:00 a.m. Stop in for a \$1.00 pastry. Thank you.

Who's Learning What In Main Lesson

Grade 1	Arithmetic
Grade 2	Math
Grade 3	Farm
Grade 4	Norse Myths/Grammar
Grade 5	North American Geography
Grade 6	Business Math
Grade 7	Play, "Much Ado About Nothing"
Grade 8	Anatomy

News Items Due Feb. 4

The next *Newsletter* is scheduled for Monday, Feb. 8. Announcements concerning February events, meetings, etc., are due on Thursday, Feb. 4. Thank you: jmalcolmkennedy@gmail.com.

Save Used Books For June Fundraiser

Please begin to set aside books for the annual used book sale scheduled for June 4 and June 5 and sponsored by the Waldorf Community Association.

As shelves are cleared to make room for new titles, consider donating all categories of books and books-on-CD. However, **please, no magazines, encyclopedias, textbooks or cassette tapes.**

If you do not have storage for these books until May when we will undertake a massive collection effort, email Laura Freysinger artnsew@comcast.net to arrange pickup.

Also, we are looking for a collection point/person for books from Beverly and places north. Email if you are interested in helping. Thank you.

Grocery Bags, Caps, Shirts to Fund Grade Trips

Purchase your CAWS grocery bags, caps and tee shirts to support class trips for grades two and eight.

Second grade parents are selling 100% recycled, reusable grocery bag "shoppers" with the CAWS label for \$5. Contact any second grade parent so you can tote your groceries in style, save a tree and promote the school.

The eighth grade is selling caps and taking orders on tee shirts with the CAWS label, both in fashionable colors. Please speak with an eighth grade student.

You can view a bag outside the second grade classroom. Caps and tee's are on display in the Main Hall.

Snack Requested During After-School Care

Families with children in the aftercare program (2:40 – 5:30) are asked to pack an extra snack. Bellies are grumbling round about 4:00, so please send along a little extra something. Anshin Higashibaba: 978-317-6129.

School Volunteer Sought For Wed., Fri. Mornings

The office is looking for volunteer help on Wednesday and Friday mornings to answer phones, do attendance and other miscellaneous office work as needed.

If you can help, please call Pam, 978-927-8811, or stop by the office.

Handwork Group Open Thursday Mornings

Join Heather Collis Puro, Laura Freysinger and Libby Sheen for open handwork sessions in the Main Hall, Thursday mornings from 8:30- 10:15.

If you are stuck in your own project or want to learn something new, there is enough expertise here in all mediums to help you out.

Parents and friends gather to work on a variety of knitting, crocheting, and sewing projects.

Parents with small children are welcome. Tell your friends!

Financial Aid Forms Update

For anyone interested in applying for Financial Aid, the FACTS on-line application was due **January 15**. The deadline for submitting all supporting tax documents to FACTS is **February 5**. Feel free to talk with Lauren White in the office if you have any questions.

Yoga For Children

Six-Week Classes Start Feb 3, 4

Wed. 3:30 – 4:30 (ages 6 – 10)

Thurs. 3:30 – 4:30 (ages 9 – 12)

The world presents stress for children. One way to develop tools early in life is through yoga. At Yoga Passion of Beverly Farms I am thrilled to offer yoga classes for children emphasizing breath/ body/energy awareness & play/joy/inner peace.

Wednesdays we will growl & prowl like tigers journeying through the deep jungles of our imagination. Thursdays we will explore yoga postures with more emphasis on body mechanics & breath. In both classes I bring a freedom of self expression & trust of inner vision (3rd eye) so your child(ren) can open their wings & fly! Every class will end with guided visualizations, deep relaxation & hints of meditation.

Cost: \$60 - 6 weeks (2nd child: \$48)

Class size restricted to 12. So don't wait! Yoga mats provided & filtered water refills available.

To sign up or ask questions, please call **Jen Schafer - 978-335-7867**.
NOTE: Shayla & Allie will be in class assisting their Mom & would love to see their friends!

**Yoga Passion 32 West St. (Rt. 127) Beverly Farms
978-210-2190**

PERSONAL

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Skilled at electrical, plumbing, carpentry, hardwood and laminate floor installations, installing windows and doors, masonry repairs, interior painting, and other general home repairs typically encountered by a homeowner. No job is too small. Call me for doing those "to-do lists" that you never have time to get done. Reasonable rates, references available – including Mrs. Deveau in the office! Call Norm at 978-433-6287.

House for Rent. Adorable 3 BR house for rent in Beverly. 2 blocks to Dane Street beach, library, cafes, and restaurants. Great neighborhood in Beverly Cove and 5 minutes from CAWS-- and with a CAWS first grade family next door. Two bedrooms upstairs with a large walk-through room for a 3rd bedroom or office. 1 1/2 baths. All updated, nice colors, new tile in bathroom. Large garage, lots of storage. Basement with washer and dryer. Small backyard and deck. Stainless fridge and dishwasher with beautiful farmers sink. Separate dining room. \$1800/mo. Email elowe.f@verizon.net to come and see!