

## INTERIM NEWSLETTER – MONDAY, APRIL 26, 2010

### **Save the Date...Mark your Calendars**

The All-Community Meeting has been rescheduled to Wednesday, May 5 from 6:30 – 8:00 p.m. Childcare will be provided, but please RSVP to 978-927-8811 if you need childcare.

### **"Going Once, Going Twice ..."**

Our 2010 Spring Fling event has come and gone, and we thank everyone who was able to attend that night to support our wonderful school.

Thirty five items are still up for auction, so please visit [www.capeannwaldorfauction.org](http://www.capeannwaldorfauction.org), and get your bid in before the gavel falls and the auction closes at 9:00 p.m. this Thursday, April 29.

Winners will be notified by phone/email on Friday and be instructed how to coordinate payment with Lauren White in the Business Office. Have a question about an item? Simply contact Jennifer Benoit at 978-468-0189 or [jen.benoit@comcast.net](mailto:jen.benoit@comcast.net).

As always, we thank you so much for your support of Cape Ann Waldorf School!

### ***Parenting in the Digital Age: Guidelines for disciplining in our Tech-Heavy World* presented by Jaimen McMillan**

Tidewater Waldorf School, in association with Whole Life Health Care, will present a free lecture on Parenting and Teaching Solutions for the Digital Age at the Portsmouth Library on Thursday, April 29 from 7-8:30 p.m. Raising children has never been more challenging. The old methods of disciplining simply do not work and may even make matters worse. Parents, who are applying what they experienced in their day, feel lost, surprised, and hurt by how their children react. What's more, today's countless sources of technology compete for our children's attention. The lure of virtual reality -- TVs, computers, video games, and other forms of media--threaten to shape their minds and weaken their bodies. New models are required to reach our children. This lecture will offer guidelines for teaching/parenting and disciplining children in a technology-heavy world and illustrate how clues from nature can help us move the virtual toward virtue.

Jaimen McMillan, father of six, an international lecturer and Director and Founder of Spacial Dynamics®, will be giving this presentation. He has been training movement educators, movement therapists, and other movement professionals for over three decades. He carries a private therapeutic practice, works with the handicapped, top-level athletes, and movement artists including actors, dancers, and mimes. He also serves as a movement consultant for businesses and organizations in injury prevention, team building, and conflict management. Mr. McMillan is a regular contributor to magazines on health and education and is a co-author of "Zirkus Spielen" and "The Fourfold Path to Healing" together with Dr. Tom Cowan, MD and

Sally Fallon.

For more information please call 207-439-7911 or visit [www.tidewaterschool.org](http://www.tidewaterschool.org).

## **Cape Ann Waldorf School Alumni, Emma Clopton-Place and Nick Ferlazzo performing in *Pirates of Penzance* at High Mowing**

On April 29, 30 and May 1, High Mowing School will present Gilbert and Sullivan's most popular light opera, *The Pirates of Penzance*, a comic tale first performed in 1879.

Frederic, the main character in the play, is due to be released from his apprenticeship to pirates at age 21. To his dismay, it is discovered that he was born on February 29th; a leap year! The pirates claim he must remain with them for another 63 years to honorably complete his contract. This is further complicated by his love for the Major-General's daughter, Mabel. The resolution of this conflict is played out in typical Gilbert and Sullivan style, with zany lyrics and memorable melodies.

We invite you to join us for the play! Call Heather Carver at 603 654-2391 ext. 135 for more information.

General admission tickets are \$12 for adults, \$8 for seniors and students. "Captain's Choice" tickets of \$35—for the April 30 performance only—include valet parking, premium seating and intermission café.

## **Eighth Grade Project Presentation**

The eighth graders will be presenting their individual projects this Thursday, April 29 from 6:00-9:30 in the Main Hall. All are warmly welcome to attend.

## **Gentle Reminder...**

'Tis the season...With the warmer weather come some of the little insects. Please check your child for ticks each night.